



## SCW Psychological, Inc.

### New Client Intake Form

Please provide the following information and answer the questions below. Please note that information provided herein is protected as confidential information.

Name: \_\_\_\_\_  
(Last) (First) (Middle Initial)

Name of parent/guardian (if under 18 years): \_\_\_\_\_

Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_

Social Security No.: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Gender:  Male  Female

Address: \_\_\_\_\_  
(Street and Number)

\_\_\_\_\_  
(City) (State) (Zip)

Home Telephone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ May I leave messages?  Yes  No

Mobile Telephone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ May I leave messages?  Yes  No  
May I send text messages?  Yes  No

E-mail: \_\_\_\_\_ May I email you?  Yes  No

*\*Please note: Email correspondence is not considered to be a confidential medium of communication.*

#### Marital Status

Never Married  Domestic Partnership  Married  Separated  Divorced  Widowed

Please list any children/age: \_\_\_\_\_

#### Insurance Information

Ins. Carrier: \_\_\_\_\_ Name of Primary Policy Holder: \_\_\_\_\_

Member ID: \_\_\_\_\_ Group No.: \_\_\_\_\_

Ins. Billing Address: \_\_\_\_\_ Ins. Telephone No.: \_\_\_\_\_

**Referred by (if any):** \_\_\_\_\_

**Have you previously received any type of mental health services (psychotherapy, psychiatric services, etc.)?**

No       Yes

If yes, please list all previous therapists/practitioners: \_\_\_\_\_

**Are you currently taking any prescription medication?**

No       Yes

If yes, please list: \_\_\_\_\_

\_\_\_\_\_

**Have you ever been prescribed psychiatric medication?**

No       Yes

If yes, please list and provide dates: \_\_\_\_\_

\_\_\_\_\_

**Have you ever been hospitalized?**

No       Yes

If yes, please list dates: \_\_\_\_\_

\_\_\_\_\_

**GENERAL HEALTH AND MENTAL HEALTH INFORMATION**

**1. How would you rate your current physical health? (Please circle one)**

Poor    Unsatisfactory    Satisfactory    Good    Very good

Please list any specific health problems you are currently experiencing:

\_\_\_\_\_

**2. How would you rate your current sleeping habits? (Please circle one)**

Poor    Unsatisfactory    Satisfactory    Good    Very good

Please list any specific sleep problems you are currently experiencing:

\_\_\_\_\_

**3. How many times per week do you generally exercise? \_\_\_\_\_**

Types of exercise in which you participate: \_\_\_\_\_

**4. Please list any difficulties you experience with your appetite or eating patterns.**

\_\_\_\_\_

**5. Are you currently experiencing overwhelming sadness, grief, or depression?**

No  Yes

If yes, for approximately how long? \_\_\_\_\_

**6. Are you currently experiencing anxiety, panic attacks or have any phobias?**

No  Yes

If yes, when did you begin experiencing this? \_\_\_\_\_

**7. Are you currently experiencing any chronic pain?**

No  Yes

If yes, please describe? \_\_\_\_\_

**8. Do you drink alcohol more than once a week?**

No  Yes

**9. How often do you engage in recreational drug use?**

Daily  Weekly  Monthly  Infrequently  Never

**10. Are you currently in a romantic relationship?**

No  Yes

If yes, for how long? \_\_\_\_\_

**11. Have you recently experienced any significant life changes or stressful events (if so, explain):**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**FAMILY MENTAL HEALTH HISTORY**

In this section, please identify if you have a family history of any of the following. If yes, please indicate the family member's relationship to you (i.e. father, grandmother, uncle, etc.) in the space provided.

	<i>Please Circle One</i>	<i>List Family Member(s)</i>
Alcohol/Substance Abuse	Yes / No	_____
Anxiety	Yes / No	_____
Depression	Yes / No	_____
Domestic Violence	Yes / No	_____
Eating Disorders	Yes / No	_____
Obesity	Yes / No	_____
Obsessive Compulsive Behavior	Yes / No	_____
Schizophrenia	Yes / No	_____
Suicide Attempts	Yes / No	_____

**ADDITIONAL INFORMATION**

**1. Are you currently employed?**

No       Yes

If yes, what is your current employment situation: \_\_\_\_\_

\_\_\_\_\_

Do you enjoy your work? Is there anything stressful about your current work?

\_\_\_\_\_

\_\_\_\_\_

**2. Do you consider yourself to be spiritual or religious?**

No       Yes

If yes, describe your faith or belief: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**3. What do you consider to be some of your strengths?**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**4. What do you consider to be some of your weaknesses?**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**5. What would you like to accomplish out of your time in therapy?**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_